

TRICARE Coverage for Patients with Diabetes



Fiscal Year 2014 Version

- TRICARE covers a wide range of medical services, medication, supplies and equipment, and training for patients with diabetes
- The following diabetic supplies are covered by the TRICARE pharmacy benefit and may be obtained from a military treatment facility pharmacy, retail network pharmacy, or the home delivery (mail order) pharmacy:
 - Insulin products
 - Blood and urine glucose test strips
 - TRICARE formulary test strips include: Accu-Chek Aviva®, Ascensia Contour®, Embrace®, FreeStyle Lite®, Glucocard 01®, Glucocard Vital®, Precision Xtra®, and TRUEtest®
 - Blood and urine ketone/acetone test strips
 - Syringes, needles and lancets
- The following diabetic equipment is covered under the TRICARE medical program as durable medical equipment:
 - Home glucose monitors
 - Continuous glucose monitors (limited benefit)
 - Insulin infusion pumps for patients with:
 - Insulin-dependent type 1 diabetes mellitus when there is documentation by the physician of poor diabetic control
 - Cystic fibrosis-related diabetes
 - Type 2 diabetes when there is physician documentation of poor diabetic control and failure to achieve glycemic control after six months of multiple daily injection therapy
- TRICARE covers orthotics (therapeutic shoes), including extra-depth shoes with inserts and custom-molded shoes, for diabetics with:
 - Impaired peripheral sensation and/or altered peripheral circulation (e.g., diabetic neuropathy and peripheral vascular disease)
 - Foot deformity
 - Pre-ulcerative callus formation
- Diabetes outpatient self-management training is a limited benefit that educates patients on the self-management of diabetes
- Outpatient services include:
 - Education for self-monitoring blood glucose, diet and exercise
 - Insulin treatment plans for insulin-dependent patients
 - A plan to motivate patients to use the skills for self-management
- The training must be ordered by a physician, and is available to patients with a medical condition where diabetes self-management training is medically necessary, such as:
 - New onset diabetes
 - Poor glycemic control or a change in the treatment regimen
 - High risk for complications based on poor glycemic control
- **TRICARE covers eye exams for patients with diabetes; please see the back side of this flyer for a complete explanation of this benefit** ➡

Tidewater Enhanced Multi-Service Market

Naval Medical Center Portsmouth

Naval Support Activity
620 John Paul Jones Circle
Portsmouth, Virginia
(757) 953-5000

www.med.navy.mil/sites/NMCP



McDonald Army Health Center

Joint Base Langley-Eustis
576 Jefferson Avenue
Newport News, Virginia
(757) 878-7500

mcdonald.narmc.amedd.army.mil/default.aspx



633rd Medical Group

Joint Base Langley-Eustis
77 Nealy Avenue
Hampton, Virginia
(757) 225-7630

www.jble.af.mil/633dmedicalgrouphealthcare/



Eye Exams for Patients with Diabetes

- **Diabetic “Screening” (Routine) Eye Exam**—TRICARE covers a **diabetic “screening” (routine) eye exam** once every 12 months for TRICARE-eligible patients with a systemic diagnosis of diabetes and who are enrolled in **TRICARE Prime** or **TRICARE Prime Remote**
 - **TRICARE Prime** patients DO NOT NEED an authorization or referral when using a **network** optometrist or ophthalmologist for this exam every 12, or more, months
 - **TRICARE Prime Remote** patients DO NOT NEED an authorization or referral when using a **network or non-network** optometrist or ophthalmologist for this exam every 12 months, or more
 - The examination may include, but is not limited to: refractive services for glasses, comprehensive screening for determination of vision or visual acuity, ocular alignment and red reflex, pupil dilation for retinal examination and external examination for ocular abnormalities
 - Insurance claims to TRICARE must include a **Routine Eye Examination** as the **primary diagnosis**, and a **Diabetes** diagnosis as the **secondary or tertiary diagnosis**
 - Any insurance claims for an exam performed less than 12 months since the previous exam will require medical necessity documentation and **another referral** from your Primary Care Manager (PCM), and authorization from Health Net Federal Services (HNFS)
- **Diagnostic Eye Exam**—TRICARE covers **diagnostic eye exams** for all TRICARE-eligible patients with a systemic diagnosis of diabetes
 - A **diagnostic eye exam** is a medical examination for the evaluation and treatment of a suspected or confirmed medical condition, including diabetes
 - Insurance claims to TRICARE must include a **Diabetes** diagnosis as either the **primary diagnosis or secondary diagnosis**
 - **TRICARE Prime** and **TRICARE Prime Remote** patients require a referral from their PCM, and authorization from HNFS for **diagnostic eye exams** by **network or non-network** optometrists or ophthalmologists
 - **TRICARE Standard, TRICARE Extra and TRICARE for Life** DO NOT NEED a referral or authorization for **diagnostic eye exams** by **network or non-network** optometrists or ophthalmologists

	TRICARE Prime	TRICARE Prime Remote	TRICARE Standard, TRICARE Extra or TRICARE for Life
Diabetic Screening Eye Exam	<ul style="list-style-type: none"> One every 12-months for diabetic patients Referral/authorization not required for network provider Medical necessity required if more frequent than every 12 months 	<ul style="list-style-type: none"> One every 12 months for diabetic patients Referral/authorization not required for network or non-network provider Medical necessity required if more frequent than every 12 months 	<ul style="list-style-type: none"> Not covered
Diagnostic Eye Exam	<ul style="list-style-type: none"> When medically necessary for all TRICARE-eligible patients enrolled Referral/authorization required for network or non-network provider 	<ul style="list-style-type: none"> When medically necessary for all ADFM patients Referral/authorization required for network or non-network provider 	<ul style="list-style-type: none"> When medically necessary for all TRICARE-eligible patients Referral/authorization not required for network or non-network provider

For information about routine eye exam benefits for non-diabetic patients, please contact a Health Benefits Advisor